



Hockey Canada Speak Out Program Overview

In February 1997, Hockey Canada established what is now known as the Speak Out Committee. Using input from parent focus groups, the expertise of leaders in this field, and a review of research and literature, the committee developed a three year plan focused on preventing harassment and abuse in Hockey Canada.

The emphasis in the first year was to establish a policy and to develop educational programs that would immediately begin to address harassment and abuse. Built around the theme "Speak Out!: Abuse and Harassment Can Be Stopped!" the program encourages players to discuss these issues, either with their parents, or a grown-up they trust. They can also contact Hockey Canada's partner in this program, [Kid's Help Phone](#), a 24-hour national bilingual confidential toll-free service for young people to speak with trained counselors.

Who is this program for?

Over the years, a comprehensive program of training, education, and awareness of harassment and abuse has been accomplished through workshops, resource materials, and branch and association initiatives. All of these factors have focused on coaches, managers, trainers, parents, players, and administrators. *[For further information refer to the ALLIANCE Hockey Speak Out Manual]*

Mission statement of the Speak Out Committee

This program is a key factor in accomplishing the Hockey Canada mission

The mission of the Hockey Canada is to lead, develop and promote positive hockey experiences. This includes, among other things, a shared responsibility with parents to nurture the physical and emotional well-being of all participants. Hockey Canada's primary interest is the well being of its participants.





Mission Statement of the Speak Out Committee

Through a collaborative approach of development and education young people will experience hockey in a healthy environment that is positive, safe, respectful, balanced and supportive.

How do I get involved?

For information on the "Prevention Services/Speak Out!" program in your area, please contact your local minor hockey association or click on the "Clinics" section of the Alliance Hockey website.

Speak Out! "It's More Than Just a Game" is a four-hour interactive workshop focused on the prevention of harassment and abuse in the game of hockey. Topics include:

- Definitions of abuse and harassment
- Responding to disclosures
- Prevention guidelines for coaches
- Showers and locker rooms
- Dressing for sports
- Transporting of participants
- Injured and ill children
- Road trips
- Integrated teams
- Prevention guidelines for playing
- Prevention of harassment and abuse during competition
- Fair Play Codes

All team officials are required to have participated in one of these workshops before they are active with team.

This workshop is an effective educational tool for administrators, trainers, coaches, and officials.

The "Prevention Services/Speak Out!" Clinic on abuse and harassment prevention is available to all ALLIANCE Hockey associations as is the Respect in Sport online program. The clinics are conducted by certified ALLIANCE Hockey instructors.



I`m a volunteer, where do I go from here?

As a new volunteer this program is essential as part of your training and knowledge. You should talk to your local association about participating in a "Prevention Services/Speak Out!" session in your area.

To view scheduled clinics, click on the "Clinics" section of the ALLIANCE Hockey website.